

# All About Me- Autumn 1

This term our topic is All about Me. This Knowledge Organiser will help you to support your child with their learning.

## Key Vocabulary:

Head face hair ears  
eyes nose lips arms  
legs knees shoulders  
back hands feet  
stomach ankles  
eyelashes eye brows,  
forehead, chin neck  
cheeks elbows toes  
family mum dad sister  
brother aunty uncle  
grandmother cousin  
grandfather baby  
grow change unhealthy  
fruit vegetables diet  
exercise hydrated  
child muscle heart brain



## Things to discuss with your child



- Why can't we eat chocolate for breakfast every day?
- What do you love doing that makes you the happiest?
- How can you help someone today? How will it make you feel?
- If you could make one rule that everyone in the world had to follow, what rule would you make? Why?
- What makes a good friend? Why do you think that?
- Tell me 5 things about you!



## Fun facts



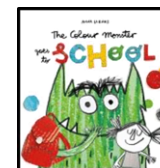
- At birth a human skeleton is made up of around 300 bones.
- You are taller in the morning than you are at night
  - The smallest bone in your body is in your ears.
- Without our bones, we would be more like a slug!
  - A bunch of bananas is called a hand

## Homework Project:

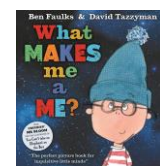
Make a model of yourself using recycled materials and label it



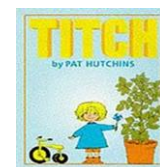
## Books you can share with your child



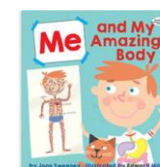
The Colour monster goes to school by Anna Llanes



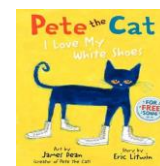
What makes me a me?  
By Ben Faulks



Titch by Pat Hutchins



Me and my Body by Joan Sweeney



Pete the Cat: I love my white shoes